

Quoc Van For Congress

Rebuilding America

Florida's 8th Congressional District



Let Us Help Recreate The American Story: Individual Opportunity With Community Responsibility

The American Dream was about having opportunities to achieve success through hard work and then giving back to the community once we achieved our potential. The community bonds have been broken because people can no longer achieve their American Dream. And as a result, we have lost the sense of responsibility to others. Therefore, we must restore that sense of responsibility to our community that once defined our country by recreating opportunities for individuals, by reducing crime and poverty, and by providing more educational opportunities.

Biography:

My father, Anh Hong Van, and Mother, Lanh Thi Van fled Vietnam in 1979 and came to America in 1980. They came to America so that their children could have the opportunities in life that they could only dream about. My parents eventually settled in Sanford, Florida where we live today. I was born in 1983. I am a first generation Vietnamese American. I have four sisters and one brother, and I am the second youngest of six children. I attended Midway Elementary, Sanford Middle, and Seminole High School, all of which are located in the beautiful city of Sanford. I was the Valedictorian in my graduating class at Seminole High. During high school I participated in competitive weightlifting, winning two state individual titles and setting two state records. I then attended Georgetown University in Washington DC, and majored in Government and Economics and minored in philosophy. During my four college summers, I volunteered as a coach at Seminole High School. I graduated from Georgetown University with honors in 2005. I am currently attending Emory University Law School, and I am an assistant strength and conditioning coach for the Emory University Varsity athletes. In my spare time I compete in Olympic weightlifting, in which I was the National Collegiate Champion in 2007 for the 69 kg. weight class.

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